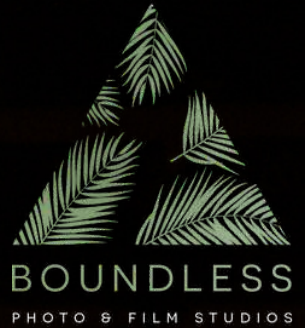


# BOUDOIR

*client guide*





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*Brendan Roy*

**HEY STUNNER,**

No matter where you book, I want you to have an incredible experience before, during and after your boudoir shoot. I pride myself on making sure you are fully prepared for your session so that we can focus on making you look and feel your best!

# WHAT TO WEAR

## THE BASICS

Most importantly, bring at least one bra and undies set. Start with basic black and then add colors and patterns. Bras and undies can be photographed alone or paired with any of the other clothing items or accessories you bring. They are also helpful when setting up implied nude poses. (Consider high waisted undies shapewear and/or corset belt, if tummy is area of concern.)

If in doubt, throw in a cozy sweater too! Cropped or baggy, they are an easy way to add a fun and even sexy element to your shoot!

## LINGERIE

A bodysuit, vintage slip, teddy, shapewear and/or camisole always photographs well. High waisted undies, Thigh high stockings, a garter belt, and heels are super sexy too. We have built our studio to work with all colors as well as various patterns and fabrics. Start simple and grow more extreme from there. Think about what colors look good on you.

## KEEP IT CASUAL

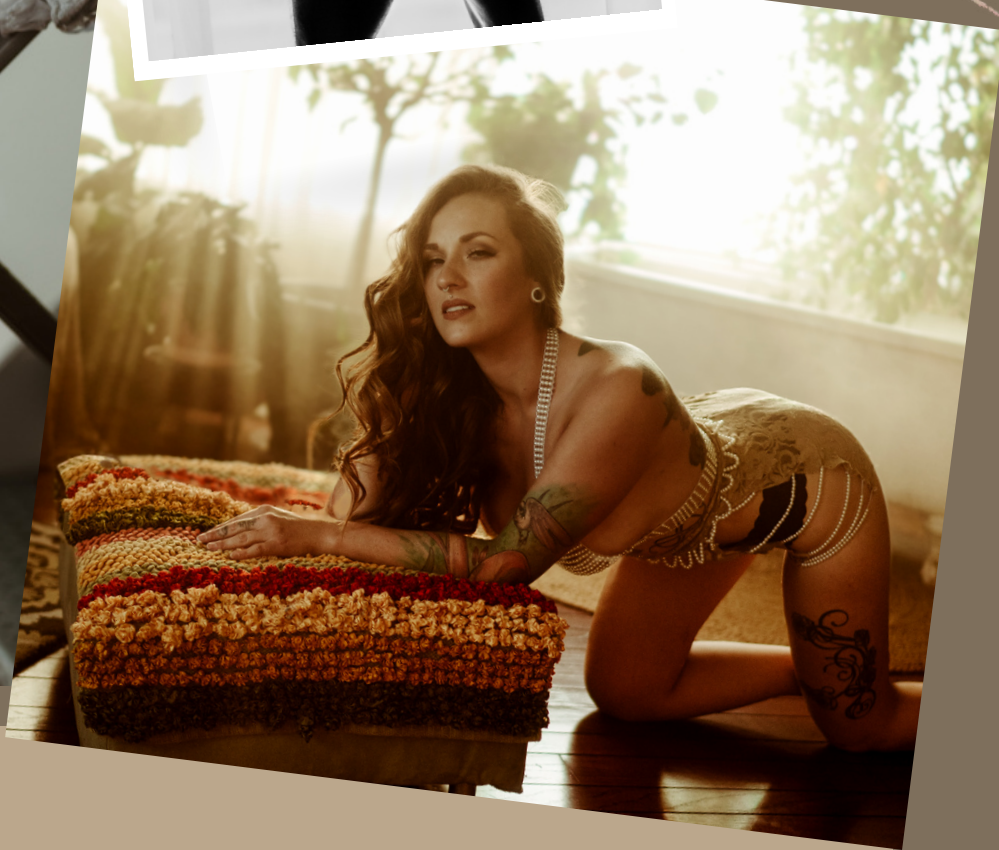
Everyday clothing such as sheer tops, jeans, can look cute and sexy if photographed properly. A simple white tank top or camisole can be super cute! If this is a gift for your partner then bring something from his wardrobe. This can be one of his favorite ties, or a button down shirt. Anything that makes the images more personal and sexy to him! It also adds variety to your collection of outfits and will look great in the final book.

## ACCESSORIZE

You can easily modify the look of your outfit by changing your accessories and moving to a new background. Accessories include jewelry, scarves, hats, stilettos, stockings, garter belts, etc.







## WHAT TO WEAR

I want you to feel completely comfortable on your shoot day. With that in mind, it is truly up to you with regards to how much or how little skin you show.

I love for my shoots to showcase my client's personality, so feel free to bring something special as well as props. If there's one piece of advice I can give you regarding how to prepare for a boudoir shoot, it's this: don't be afraid to have fun!

I usually start out shooting with a little more clothing. As you become more comfortable, we can work our way through your outfit choices. Feel free to bring lots of your favorite outfits and we can pick out the best for the shoot.

OUTFIT  
INSPIRATION  
*can be found*

[WWW.PINTEREST.COM](http://WWW.PINTEREST.COM)

[WWW.FEATHERANDPEARL.CA](http://WWW.FEATHERANDPEARL.CA)

[WWW.TORRID.COM](http://WWW.TORRID.COM)

# FREQUENTLY ASKED

## Questions

### **HOW WOULD YOU DESCRIBE YOUR STYLE?**

My work has been described as organic, natural, and sentimental with a fine art quality. My photographic style is always evolving but is often inspired by my background in editorial and fashion work.

### **WHERE WILL MY SESSION BE HELD?**

Most boudoir sessions will take place at our Edmonton-based photo studio. View our website to see current studio setups.

### **WILL I GET MY DIGITAL PHOTOS AFTER THE SHOOT?**

Photographs grow in value over time and become treasures. We know the importance of archiving and saving digital images. We offer one simple, all-inclusive collection where you receive all the high resolution digital files delivered via direct download and a print release.

### **HOW FAR OUT DO YOU BOOK FOR A SHOOT?**

I suggest booking 1-2 months in advance if you are looking for a weekend session, however 1-2 weeks is usually enough notice for most weekday bookings.

### **HOW DO YOU CHOOSE WHICH IMAGES I WILL RECEIVE?**

(look carefully at each and every image we capture at your session and hand select the best images. We are looking for images that represent us as artists and you as a human being, as each is radically unique. We guarantee a minimum of 50- 75 images to choose from, but there are usually many more included in each proofing gallery!

### **DO YOU OFFER PAYMENT PLANS?**

I offer a few different options. There is a \$100 retainer fee that is due at the time of booking to secure your date and time. We also offer payment plans for any products that you would like to purchase. We can discuss this in more detail at your consult.





# FREQUENTLY ASKED *Questions*

## **WILL YOU SHARE MY IMAGES?**

We will only share images with your permission! If you don't want your images on our website or social media that is totally ok! Some of our clients like to share their images to inspire and empower others to do a boudoir session as well, others save the images for themselves and their partner, whatever you decide, we will honor your decision!

## **DO YOU PHOTOSHOP THE IMAGES?**

I do some light skin retouching in addition to our regular editing & color grading. We like our clients to look like more polished versions of themselves however, I do not do any heavy manipulations or body warping.

I am all about body positivity and encourage our clients to love themselves the way they are, however if you have anything you don't wish for us to highlight, let us know!

## **WHAT IS THE AVERAGE AGE OF YOUR CLIENTS?**

The only age requirement we have is that you must be 18+. We welcome humans of all ages, its all about confidence and celebrating who you are!

## **DO YOU OFFER COUPLES BOUDOIR SESSIONS?**

Short Answer: Yes.

However I do not offer couples sessions unless I have photographed at least one of you before! This is so you can see firsthand what the experience is like before exploring bringing your significant other to a session! This makes the session go a little smoother as I've already had the opportunity to meet you before your session!





# SHOOT *day tips*

## BEFORE YOUR SESSION

### **1 Month Before Your Session:**

Book your beauty appointment, shop online or in person for your outfits. If ordering online leave plenty of time for shipping!

### **1 Week Before Your Session:**

If needed, get a trim/color touch up, drink lots of water, try everything on and remove all tags so the clothes are ready to wear for your session!

### **Session Date:**

Eat a light breakfast, wash and moisturize face, wear loose clothes. Skip any tight clothing (socks, tight underwear, bra) prior to your session to prevent lines and marks that can sometimes take hours to disappear.

*I recommend getting professional makeup done as it's a great way of accentuating your natural features as well as pampering yourself! We offer hair and makeup - inquire for more information*







# GET IN *touch*

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